

**CLUB NORTHWEST IS
LOCATED AT:**

2160 NW VINE
GRANTS PASS, OR 97526




AQUATIC THERAPY PROGRAM INFORMATION

ITEMS TO BRING FOR POOL THERAPY

1. Bathing suit – No cut off shorts. We recommend that you put your bathing suit on at home prior to your pool therapy.
2. Please bring your own towel.
3. Pool shoes may be worn in the pool area.
4. Change of clothes
5. Personal items

GENERAL INFORMATION

1. **If you need assistance dressing or getting to and from the dressing room, please bring an attendant along to assist you.**
2. Please leave all valuables such as jewelry, necklaces, and watches at home. Pool bags are available to store personal items and are kept in the pool area. Hallway lockers are also available, but you will need to bring your own lock. Private, co-ed changing rooms are available.
3. A patient lift is available to assist in transferring patients in and out of the pool.
4. The length of each pool session is 30 – 45 minutes. Please be ready to enter the pool at your designated appointment time.
Do not enter the pool without Impact Physical Therapy personnel present.
5. Shower before entering the pool. Pool showers are available for your use.
6. It is recommended that you use the restroom just prior to entering the pool.
7. Notify your therapist immediately if you develop a rash or any open sores.
8.  Please limit guests to one person. Day care is available through The Great Indoors/Club Northwest. There is a small fee.